



RESILIENCE IN TIMES OF SIGNIFICANT CHANGE

*Presented by Donna B. Fedus, MA, Gerontologist,
Founder of Borrow My Glasses*

The worldwide coronavirus pandemic has tested both individual and community resilience in extreme ways. However, on a regular basis, older adults and family caregivers face adversity such as health changes, functional loss, limited resources, and multiple kinds of transitions. This workshop will examine ways eldercare professionals can strengthen resilience in older adults and family caregivers in times of significant change, while at the same time cultivating resilience in themselves.

At the close of this program, participants will be able to:

1. Identify factors in personal and community resilience.
2. Apply strategies to bolster resilience in older adults and family caregivers.
3. Discuss personal resilience strategies for eldercare professionals.

Please Register by Tuesday, June 27th

1 CE Credit Offered

Join us for this FREE Professional Webinar

Thursday, June 29th
12:00 - 1:00 p.m.

To Register

312-235-1256

TheArtisWay.com/LakeviewProfessionals



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A workshop link will be emailed to registered participants.

Participants will receive a personalized Certification of Completion by email within two weeks of the program.

Registration questions? Contact Artis Senior Living at **224-236-0226**.

Workshop or CE questions? Contact Borrow My Glasses at **contact@borrowmyglasses.com**.

This program has been submitted to The Commission for Case Manager Certification for approval to provide board-certified case managers (CCMs) with 1 contact hour.

Continuing Education Institute of Illinois for Social Workers, Professional/Clinical Counselors, Marriage and Family Counselors, Nurses (APN, RN, LPN), Nursing Home Administrators, Occupational Therapists/COTA, and Physical Therapists/PTA.

Other professions, please inquire.

It is the participant's responsibility to check with their individual state board to verify CE requirements for their state.

Virtually Hosted by Artis Senior Living of Lakeview: 3535 N. Ashland Ave., Chicago, IL 60657
Check out our other nearby community in Wilmette.